## East Hartford Public Schools Kindergarten Readiness Checklist

The following skills will help your child be successful in Kindergarten. Please check the skills that your child can do at this time.

Cognition	Social and Emotional Development	Physical Development	Language and Literacy	Early Mathematical Discovery
Approaches to Learning Engage in preferred and non-preferred activities for longer periods of time	☐ <b>Healthy Relationships</b> Seek help and approval from a trusted adult	☐ <b>Fine Motor</b> Uses scissors safely and appropriately Can open food containers and packaging	Language Uses and understands basic language to communicate	☐ Counting Count up to ten objects using one-to-one correspondence Say or sign the number sequence up to at least 20
☐ <b>Problem Solving</b> Try multiple strategies to solve problems	☐ Self Regulation and Emotional Awareness Use strategies to self-soothe across situations on their own	Use mature pencil grasp with 3 fingers on writing implements	☐ Book Knowledge Independently chooses to look through books	☐ <b>Operations</b> Use objects to model and solve addition and subtraction problems
☐ <b>Decision Making</b> Typically resists impulses and can wait longer to respond in more structured settings	☐ <b>Self Awareness</b> Take risks when attempting new tasks	☐ <b>Safety Awareness</b> Follows basic safety rules in all settings	☐ Language for Social Interaction Initiates and maintains conversations with others	☐ <b>Measurement</b> Sort and classify a set of objects on the basis of one common characteristic
☐ Pretend Play Engage in extended pretend play and identify the difference between pretend or fantasy situations and reality	□ Social Relationships Takes turns and shares	☐ <b>Self-Care</b> Can manage dressing, toileting, handwashing	☐ Phonological Awareness States two words that rhyme and can identify beginning sounds of a word	Geometry and Spatial Sense Complete a simple puzzle